

St. John School

BADGER BYTES

October 15, 2020

Weekly Edition

Upcoming Events

Oct 19 -
Picture Retake
Day

Oct 20 -
VF at Menasha

Oct 21 -
Faculty
Meeting

Oct 22 -
VB at VCS

Oct 23 -
A-team VB
Party

Nov 14 -
Pizza Making

Nov 24 -
Faculty
Meeting

Nov 25-27-
NO school

Principal's Corner - Mr. Snow

We praise the Lord for our healthy start to the school year. We have some quarantining students, so far, no confirmed cases at St. John.

We thank all the parents who attended parent teacher conferences.

We are planning a trip to the Kaufman corn maze in the afternoon of Friday, October 30. We need as many parents as possible to drive your own children. Leftover children will be transported by faculty and bus, please let us know ASAP if you can drive your own children.

We are currently collecting "non-food" items to donate to the Berlin Food pantry. Students are encouraged to bring in paper towels, shampoo, soap, Kleenex, toothpaste etc. The collection and classroom competition will close on October 24. Please consider participating in this event to make a difference in the lives of others in need. This is a great way to share the love of Jesus with those in our community.

Remember if you don't feel comfortable attending church in person, there are virtual options available. You can watch using a link on the website or on Facebook. You can also download the bulletin on the website, stjohnberlin.org

St. John Truck or Treat

When: Saturday, October 31st

Time: 3pm to 5pm

Where: St. John School Parking



Chapel Offering: \$19.25 Total Offerings: \$155.47

Mark Your
Calendars!

4K
Mrs. Snow

This week we worked on how to write the letters P and R. We also began practicing identifying pictures that began with the letter's sound. Our poem this week was the Three Little Kittens. We made spiders from our hand prints to add to our marble print spider webs from last week. We learned that spiders have many eyes. Most have 8 so we added plenty of eyes to ours. We also made our own Creepy Pair of Underwear.

On Wednesday we compared the weights of objects around the room to a small pumpkin. We used the words lighter, heavier and the same. We went on a leaf walk, sorted our leaves and made leaf hats which we sent home.

Kindergarten
Ms. Linse

During Jesus time, we talked about the story of Jacob telling a lie, stealing from his brother, and running away. Even though Jacob sinned, God still had a plan for things to work out for the best.

We finished with our fourth Superkid friend and we are excited to meet our fifth friend on Monday. We are also hard at work every day practicing our handwriting.

In math we have finished 32 lessons, and we love using our math manipulatives.

We have been creating fall themed art projects and we cannot wait to bring them home for our families to see.

Parent/Teacher conferences are happening today and tomorrow, please make sure to double check your scheduled time.

Please remember as the weather cools down and we are outside for recess it is a good idea to keep hats and mittens in our backpacks and have a coat that will keep us warm.

Picture re-takes are Monday.

1st/2nd
Mrs. Fritsch

We have followed the Israelites into the desert and watched them disobey God when they worshiped the Golden Calf. God is unhappy when we worship anything and anyone that is not Him. That is why going to Church or watching Church online is so important! Parents help us to worship now during the pandemic.

In math, both grades took the test at lesson 30. 1st Grade has started mad minutes! 2nd Grade are pros! We did lots of review this week, and are anxious to do number families.

In Social Studies 2nd Grade learned about the Colonial schools and how different they were from our school. They also began learning about our first president, George Washington, and the Declaration of Independence. 1st Grade's Community Helper last week was the Police Officer and how important they are in keeping us safe and how we should obey the laws by following traffic signs and signals.

In health our bodies stay safe by wearing our masks, and by exercising and eating good foods.

Our Superkids are doing some fantastic things. 2nd Grade has met their teacher Ms. Blossom. We also did a fun leaf art project.

Thank you again to Mr. Reeves for subbing for Mrs. Fritsch while she waits in quarantine. God is good all the time! Praise the Lord.

3rd/4th Grade
Mrs. Schram

This week we took our fourth math test and started a new chapter in our science book.

We finished the book *Charlotte's Web* and started reading books written by Beverly Cleary.

The class started learning about the program, Word, on their laptop.

We continue to learn about the artist Picasso and plan to decorate the hallway with our Picasso artwork.

Next week's memory is the 7th commandment and meaning.

Please make sure your child is reading their library books.

Our class had their field trip picture in the Berlin Journal last week, check it out.

You will receive your classroom party list and find out what party you are assigned to. Families in charge of fall party are Berndt/Tunks and Bumgardner. Fall party will be at Kaufman Corn Maze.

Enjoy your weekend and the gorgeous fall colors.

5th/6th Grade
Mr. Snow

We finished our second book in reading class this year. It is called The Return of the Indian. We will be studying the vocabulary list for this book and getting ready to take the AR practice quiz.

We took math test #4 this week. Watch for those to come home today for parental signatures and return.

Mr. Snow and Mr. Krenke look forward to tonight's parent - teacher conferences.

Have a great long weekend

7th/8th Grade
Mr. Pett

We are now six weeks in and it has been a good journey so far. Yesterday, the seventh and eighth graders did the chapel service. They did a great job! The class is now working on an election simulation. The groups were chosen by the drawing of names out of a hat. Due to class size, multiple roles will be had by all members of the group. It will be interesting to see them work on this project. Our bean plants are now growing, some have just appeared after a few long weeks of playing dead.

We are getting close to the holiday season. We have a tentative approval for a live nativity. We will be looking for ideas and volunteers. It will be a drive thru format on the east side of the school by the playground. This will be a good way to improve community relations and show how we can still keep Christ in CHRISTmas. Along that same thought, we will be making Christmas cards. If you know of anyone that is a shut in or will be in need of cards, please let us know as we will be making cards and God's eyes for them. The God's eye is an ornament they could hang somewhere. I have examples in my desk if anyone wants to view what they are.

That is all for now. Have a safe and blessed time off this week.

Mr. Pett

Volleyball

I am so happy for the girls and how well they played against St. Paul, Manawa. Scores were 12/25, 25/19, and 19/25. It is a loss, but from the looks of these scores, our girls played as a team, served well, and had some amazing volleys. It is a tough team to play against! You did great! Practice continues and we travel to Trinity, Menasha, on Tuesday. Our final game is at Valley Christian School on Thursday.

The B team rocked at returning overhand serves and going after the ball. They are improving every day and play great as a team. Next week are the last 2 games of the season. The A girls play Tuesday at Trinity, Menasha and both teams travel to Valley Christian School on

Picture Retake Day

Picture retake day is scheduled for Monday, October 19th. The photographers will ONLY BE HERE IN THE MORNING. Therefore if an afternoon 4K student needs retakes they will have to come in the morning around 8:30 am to have their picture taken.

Trunk or Treat Canceled

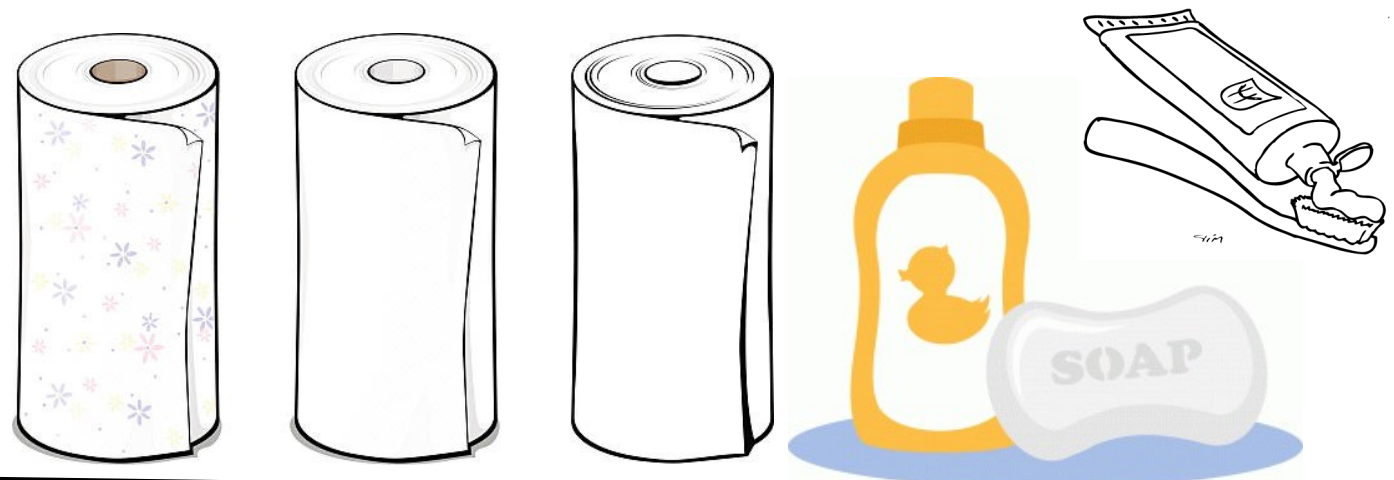
Due to Covid-19 concerns, we have decided to CANCEL Trunk or Treat for this year.

Batch Text

The Batch texting feature through Sycamore doesn't appear it will work for what we wanted to use it for. Thanks to everyone who responded and helped me out with this project.

Make A Difference Day

Make a Difference Day is Saturday, October 24th. To celebrate "Make a Difference Day" we are challenging each classroom to collect paper towels, toilet paper, soaps, shampoo, toothpaste, Kleenex, etc. The items collected go to the Berlin Food Pantry. The class who collects the most wins an ice cream party!! Bring in your donations next week, There is ONLY ONE WEEK LEFT to donate. Items will be counted on Friday, October 23rd to determine the winning class!



Hot Lunch Next Week

Mon, Oct 19th

Tacos - cheese, lettuce, salsa; carrots -vegs; applesauce, dessert milk

Tues, Oct 20th

Ham slices, fettuccine Alfredo, WG bread, corn, chilled pears, milk

Wed, Oct 21st

Pizza, rice pilaf, carrots-vegs, pineapple tidbits, milk

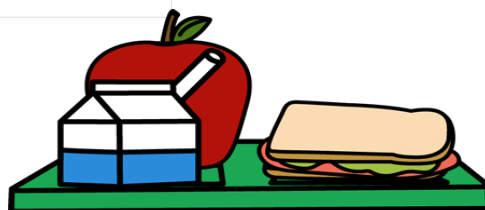
Thurs, Oct 22nd

Roast turkey, mashed potatoes/gravy, broccoli WG bread, chilled peaches, milk

Fri, Oct 23rd

Chicken patty on WG bun, cheese slices, French fries, carrots -vegs, mixed fruit, milk

**REMEMBER, YOU CAN CHECK
YOUR TUITION AND LUNCH
BALANCES ON SYCAMORE**



Lunch Tickets

Grades K – 5: 5 meals = \$13.50 (1 meal \$2.70)

Grades 6 – 8: 5 meals = \$14.75 (1 meal \$2.95)

Adult Meals: \$4.10 per lunch

FAMILY NAME:

Student		No. of Meals	@ \$	=	
Student		No. of Meals	@ \$	=	
Student		No. of Meals	@ \$	=	

Milk Tickets

No. of Milk		@ \$7 per 20 =	\$
TOTAL:			

parent tips

Healthy Habits, Healthy Families

From cooking healthier to increasing physical activity, learn fun ways families can support each other in making better choices.



Eat Right

Use this helpful checklist to prepare homemade, healthy meals for your family—even on a budget!

Food 411:

- Before you go grocery shopping, plan ahead. Look through your refrigerator and cabinets to see what foods you already have in the house.

Make a list of meals you can make with those items. (Get ideas from our [Weekly Meal Planner!](#))

Add foods you need to buy to the list. Try our [Grocery List](#) template.

- When shopping, use weekly ads and the store bonus cards for sale prices. Remember, store brands are usually cheaper!

Cook once, eat twice! Skip seconds and enjoy leftovers at another meal. This helps you save money and keeps **portion sizes** in check.

- Use in-season fruits and veggies to cut costs. If fresh produce is unavailable, buy canned without added sodium (salt) or frozen without added fat.
- Rather than paying more for pre-cut chicken, buy a whole chicken and cut it up. Remove the skin before cooking.
- Make food in large batches. Then split meals into family size portions and freeze to use later in the month.

For more information on [healthy substitutions](#), tips on [eating well when you eat out](#), and great [family recipes](#), visit the **We Can!** Eat Right webpage at <http://www.nhlbi.nih.gov/health/public/heart/obesity/wecan/eat-right/index.htm>.



Get Active

It may be easier than you think to motivate your kids to get moving! Here are some steps you can take to set healthy goals for your family:

- 1. Don't make big changes all at once.** If you usually drive everywhere, try walking to a friend's house down the street. In a couple weeks, walk a little farther—maybe to school or to the store.
- 2. Ask your kids for ideas.** Get everyone involved by having your children choose physical activities for the family to try together. **Here are everyday ideas to rev up activity.**
- 3. Focus on fun!** Plan physical activities you can do as a family, like playing in the park or at a community center, or even going ice skating.
- 4. Explain the benefits of healthy habits.** Kids may not think about the ways eating fruits and veggies or being active now helps to prevent diseases when they grow up. So, focus on the things that matter to them today. Here are some ideas:
 - Choosing healthy foods will give them energy to play sports and do activities with their friends.
 - Being active and eating healthy can help them from getting sick and missing time and activities with friends.

For more tips to help your family move more, visit the **We Can!** Get Active webpage at <http://www.nhlbi.nih.gov/health/public/heart/obesity/wecan/get-active/index.htm>.



Reduce Screen Time

It's easy for kids to get distracted by TV, computers, and video games. So, set a good example by setting rules that limit their screen time.

First, track your family's screen time with the **We Can! Screen Time Chart**.

Limit screen time to no more than two hours each day—suggest active fun instead!

Here are some things you can do as a family.

- Turn off the TV during family meals and talk to your children about their day.

Find more tips on how you can reduce your family's screen time on the **We Can!** Reduce Screen Time webpage at <http://www.nhlbi.nih.gov/health/public/heart/obesity/wecan/reduce-screen-time/index.htm>.

We Can! is a program from the National Institutes of Health that offers resources for parents, caregivers and communities to help children 8-13 years old stay at a healthy weight through eating right, increasing physical activity, and reducing screen time.

To learn more, go to <http://wecan.nhlbi.nih.gov> or call 1-866-35-WECAN.

We Can! Ways to Enhance Children's Activity & Nutrition, **We Can!**, and the **We Can!** logos are registered trademarks of the U.S. Department of Health & Human Services (DHHS).



3 wk Lunch Menu for October 19 - November 6

Monday 10-19 Taco's cheese - lettuce - salsa Carrots - vegetables Apple Sauce Dessert milk	Tuesday 10-20 Ham Slices Feta Cheese Alfredo w/ bread corn Chilled Peas milk	Wednesday 10-21 Pizza Rice Pita Carrots - vegetables Pineapple Fiddlers milk	Thursday 10-22 Turkey Roast mashed potatoes Broccoli w/ bread Chilled Peas milk	Friday 10-23 Chicken Pot Pie w/ w/ bread cheese slices French fries Carrots - vegetables Mixed Fruit milk
Picture Re-take Monday 10-26 Chicken Nuggets Tater Tots w/ bread Carrots - vegetables Pineapple Fiddlers milk	Tuesday 10-27 Hamburgers w/ w/ bun Cheese Slices Baked Beans macaroni & cheese Carrots - vegetables Chilled Peas milk	Wednesday 10-28 Hot Dogs w/ corn dogs French fries Carrots - vegetables Apple Sauce milk	Thursday 10-29 Hot Roast Beef w/ w/ bun mashed potatoes peas & carrots Chilled Peas milk	Friday 10-30 Cheese Omelets Ham - Sausage links Pommes to Toast Slices Breads Broccoli Fresh Fruit orange juice/milk
Monday 11-2 Spaghetti and meat balls breadsticks corn Pineapple Fiddlers milk	Tuesday 11-3 Chicken Fajitas cheese - onions Carrots - vegetables Chilled Peas Strawberry Shortcake milk ELECTION!	Wednesday 11-4 Chicken Pot Pie w/ w/ bun cheese slices macaroni & cheese Carrots - vegetables Chilled Peas milk	Thursday 11-5 Canned Tuna Baked Beans Tater Tots Carrots - vegetables Apple Sauce milk	Friday 11-6 Chicken Nuggets French fries w/ bread Carrots - vegetables Mixed Fruit milk

THE MILK OFFERED IS FAT-FREE CHOCOLATE AND 1% WHITE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER